

Breakfast Buffet Selections

All breakfast buffets are served with Freshly Brewed Regular and Decaf-
feinated Costa Rican coffee, and Twinings Tea Selections.

SPRINGS CONTINENTAL BREAKFAST \$24

Selection of Chilled Juices
Sliced Tropical Fresh Fruits
Assorted Dry Cereals, Whole & Skim Milk
Selection of Freshly Made Bakeries, Breads and Muffins
Bagels with Assorted Cream Cheeses: Regular, Guava and Herb
Springs Homemade Hummus
Assorted Local Cheeses
Butter, Jam and Preserves

SPRINGS CLASSIC BREAKFAST \$28

Selection of Chilled Fresh Juices
Sliced Fresh Tropical Fruit
Individual Yogurts
Assorted Dry Cereals, Whole & Skim Milk
Fluffy Scrambled Eggs with Fresh Herbs
Crisp Bacon and Link Sausage
Fresh Roasted Breakfast Potatoes
Selection of Freshly Made Bakeries, Breads and Muffins
Butter, Jam, and Preserves

THE TICO BREAKFAST \$28

Selection of Chilled Fresh Juices
Sliced Fresh Tropical Fruit
Assorted Dry Cereals, Whole & Skim Milk
Fluffy Scrambled Eggs
Locally Made Sausage
Breakfast Empanadas
Yuca Corn Bread
Gallo Pinto
Fried Plantains

BREAKFAST ENHANCEMENTS:

OMELET AND EGG STATION \$10

PANCAKE AND FRENCH TOAST STATION \$14

Freshly Made Buttermilk and Banana Pancakes
or Cinnamon French Toast with Maple and Guava Syrup

Costa Rican Sales Tax is currently 13% and will be added to all food and beverage charges.
All food and beverage is subject to a 15% service and administration fee. Service charges are not taxed.

SMOOTHIE STATION \$9

*Tropical Fruit Smoothies made to order including;
Banana, Strawberry, Mango, Guava, Pineapple
Yogurt, Skim Milk*

BENEDICT STATION \$6

*Traditional Eggs Benedict or
Springs Benedict with Spinach and Jalapeno Hollandaise*

**CRISPY BACON, BREAKFAST OR TURKEY BACON
OR GRILLED HAM \$6**

OATMEAL \$4

Oatmeal, Raisins, Brown Sugar

YOGURT PARFAIT \$4

Yogurt with Fresh Fruit & Granola

GALLO PINTO OR FRIED PLANTAINS \$4

Plated Breakfast Selections

All plated breakfast selections are served with:

Tropical Juice

Housemade Breakfast Breads & Muffins

Butter, Preserves & Jam

*Freshly Brewed Regular and Decaffeinated Costa Rican coffee,
and Twinings Tea Selections.*

FRESHLY SCRAMBLED EGGS \$28

*with your choice of Smoked Bacon or Link Sausage served with
Springs Breakfast Potatoes and Roasted Tomato*

TRADITIONAL OR SPINACH EGGS BENEDICT \$26

served with Jalapeno Hollandaise and Fresh Tropical Fruit

RAINFOREST QUICHE \$24

*with Assorted Fresh Herbs, Spinach and Heart
of Palm with Manchego Cheese served with Fresh Tropical Fruit*

POACHED EGG OVER HOUSE GALLO PINTO \$26

*served with Crispy Bacon or Link Sausage, Fried Plantains
and Fresh Tropical Fruit*

PECAN CRUSTED HOMEMADE FRENCH TOAST \$23

*with Guava Marmalade served with Yogurt Parfait with
Strawberries and Fresh Basil*

HOMEMADE BANANA PANCAKES \$24

*served with Crisp Bacon, Turkey Bacon, Breakfast Sausage
served with Fresh Tropical Fruit*

Breakfast on the Go

BOXED BREAKFAST \$23

Selection of :

Breakfast Sandwich or Breakfast Burrito: Scrambled Eggs,

Cheddar Cheese, Green Onion & Tomato

Whole Fruit

Yogurt

Coffee or Decaffeinated Coffee

BREAKFAST SANDWICH \$10

Scrambled Egg with Grilled Ham and Cheddar Cheese on choice of

Freshly Baked Croissant, English Muffin, or Tortilla

BREAKFAST BURRITO \$10

Scrambled Egg with Roasted Vegetables and Gallo Pinto,

Cheddar Cheese, Guacamole and Pico de Gallo