



## Breakfast

### Continental Breakfast \$10

Assorted Breakfast Breads & Pastries served with Chilled Juice & Choice of Coffee or Tea

### American Breakfast \$14

Two Eggs Cooked to Order, Choice of Bacon, Ham or Sausage, Toast and Breakfast Potatoes

### Classic Costa Rican Breakfast \$12

Scrambled Eggs, Gallo Pinto, Fried Sweet Plantains, Turrialba Cheese, Tortillas and Sour Cream

### Breakfast Quesadilla \$12

Scrambled Eggs with Bacon, Mozzarella & Roasted Corn or Scrambled Eggs, Black Beans, Cheddar, Spinach and Mushrooms Served with Guacamole, Pico de Gallo

### The Springs Breakfast \$14

Fried Eggs, Ranchera Sauce, Ham, Turrialba Cheese, Refried Beans & Sweet Plantains

### Omelet To Order \$12

Eggs & Cheddar Cheese, Hash Browns and Toast

*Additional Toppings:* \$.50 each Ham, Sausage, Green Onion, Tomato, Mushrooms, Spinach and Jalapeno Peppers

### Pancakes or French Toast \$12

Cream Cheese with Chives, Red Onion, Capers and Tomato Slices

### Fresh Fruit & Yogurt Plate \$12

Sliced Tropical Fruit served with Yogurt and Toast

## Side Orders

### One Egg Any Style \$3.50

### Cereal \$5

Choice of Oat Bran, Corn Flakes, Frosted Flakes or Rice Krispies

### Hot Oatmeal \$8

Served with Dried Fruits, Nuts & Honey

### Short Stack of Pancakes \$7

### Bagel and Cream Cheese \$7

### White or Wheat Toast \$5

### Fresh Fruit Bowl \$7 or cup \$5

### Yogurt \$5

### Cottage Cheese \$5

### Breakfast Potatoes \$3

### Gallo Pinto \$4

### Plantains \$4

## Beverages

### Coffee, Decaf, Hot Tea or Milk \$2

### Juices \$3

Orange, Passion Fruit, Papaya, Pineapple, Apple or Tomato

*\* Prices do not include taxes or gratuity*

The Springs  
Resort & Spa  
Arenal, Costa Rica